

Remember to come back to the hospital with the baby as scheduled.



At the hospital, the health worker will check on your baby and advise you based on your baby's condition.

Steps for Skin-to-Skin Positioning



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3



4



5

Basic Care of Preterm and Low Birth Weight Babies



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Prevent infections in your baby.



- Wash hands with soap and water:
 - ◆ Before and after touching the baby.
 - ◆ Before and after feeding the baby.
 - ◆ Before and after changing nappies.
 - ◆ After using the toilet.
- Baby should sleep under a treated mosquito net every night.
- Baby should receive vaccines as per schedule.

Keep your family and surroundings clean.



Keep your baby warm at all times.



Breast milk is the best and only recommended food for small babies.

- Use the Basic Care Family Monitoring Form to track number of feeds each day.
- If your baby has trouble suckling, supplement with cup feeds using expressed breast milk.



Monitor your baby and check for danger signs.



TROUBLE FEEDING



TOO HOT OR TOO COLD



JAUNDICE,
INFECTED BELLY
BUTTON, EYES OR SKIN



TRouble BREATHING



LESS ENERGY



CONVULSIONS

- Use the Basic Care Family Monitoring Form to record your baby's condition.

Rush to the hospital if you see any danger signs on the baby.

