Every Preemie—SCALE

SCALING, CATALYZING, ADVOCATING, LEARNING, EVIDENCE-DRIVEN

Overview of Family-Led Care Model
Introduction

• Balaka District, Malawi was selected to test an intervention in care of PT/LBW newborns
• Balaka is vulnerable district
Balaka District

- 396,411 catchment population
- 15 health facilities
- About 3,500 premature babies are born annually in the district.
- Every Preemie focused on 9 facilities and their catchment areas
Baseline Facility Assessment

Carried out in collaboration with the Balaka District Health Office.

Key findings:

- Provider knowledge and skills gaps
- Poor or no documentation of care
- Inadequate monitoring of KMC babies
- Lack of guidelines
- Lack of basic equipment
- Critical staff shortages
- High staff turn-over, especially in District Hospital
Response to Assessment

- Prioritized the following gaps with the DHMT:
  - Lack of guidelines in facilities
  - Staff knowledge and skills gap in care of PT/LBW babies
  - Lack of basic equipment and monitoring forms
  - Poor linkage between facility & community
Family-Led Care Model

• Integrate preterm/LBW newborn care into community networks, referral systems and health services

• **Empower families** as active participants in the care of their newborns

• **Build family confidence** to care for PT/LBW newborns both in facility and at home
Family-Led Care Model

- **Enhance provider skills** to provide quality care to preterm/LBW babies
- **Improve monitoring and documentation** of newborn care
Designed Materials with MOH

- Family-Led Care flipchart (in Chichewa)
- pictorial take home messages (danger signs)
- family monitoring forms
- health worker monitoring forms
Built Providers’ Capacity

- Trained midwives and clinical officers in all 9 health facilities in:
  - Essential Care for Every Baby
  - Essential Care for Small Babies
  - Family-Led Care
Built Capacity of Support Staff

• Trained hospital attendants/cleaners
Built Capacity of Community Level Providers

- Trained Health Surveillance Assistants (HSAs)
Provided Basic Supplies

- Calibrated feeding cups
- Weighing scales
- Thermometers
- Buckets
- Electric heaters
Strengthened Follow-Up Care

- Referral forms
- Follow-up registers
- Diary to capture defaulters
Strengthened Follow-Up Care

• Prepared families
• Standardized content
• Conducted home visits by HSAs
• Tracked defaulters using HSAs
Ongoing Support and Supervision

• Continued support at facility and community through mentorship, coaching and supervision
Thank you!